

CME OPPORTUNITIES

The following programs/videos are approved for CME Credit ONLY.

If the course you attended/watched is not listed below, you will not receive CME Credit.
Mediators will now self-report CME on their Renewal Applications.
All certified mediators are required to have two hours of CME completed before the expiration of the renewal period! Please review the NCDRC's CME Policy.

NCDRC PODCASTS

BEYOND NEUTRALITY
North Carolina Dispute Resolution Commission

Beyond Neutrality Episode One- In the Beginning!
CME Credit Hours: 1.0 *(No CLE Credit)*
To listen to the podcast,
visit Beyond Neutrality

Beyond Neutrality Episode Two- Sticky Situations
CME Credit Hours: 1.0 *(No CLE Credit)*
To listen to the podcast,
visit Beyond Neutrality

Beyond Neutrality Episode Three- You're in Charge!
CME Credit Hours: 1.0 *(No CLE Credit)*
To listen to the podcast,
visit Beyond Neutrality

Beyond Neutrality Episode Four- Love and Mediation
CME Credit Hours: 1.0 *(No CLE Credit)*
To listen to the podcast,
visit Beyond Neutrality

Beyond Neutrality Episode Five- The Honorable Judge Tyson
CME Credit Hours: 1.0 *(No CLE Credit)*
To listen to the podcast,
visit Beyond Neutrality



Beyond Neutrality Episode Six – Let's Talk About Renewals with the Ladies of the DRC
CME Credit Hours: 1.0 *(No CLE Credit)*
To listen to the podcast,
visit Beyond Neutrality

Beyond Neutrality Episode Seven – The Honorable Judge Christian
CME Credit Hours: 1.0 *(No CLE Credit)*
To listen to the podcast,
visit Beyond Neutrality

Live and Upcoming Programs

The Do's, Don'ts and Deal-Breakers of Mediation
2026 NCBA Workers Compensation Fall Program
Thursday, November 19, 2026
North Carolina Bar Center, Cary

The following courses are available at no charge.

Only CME Credit will be provided.

The following free videos are not available for CLE credit and mediators will not receive a certificate of completion at the end of viewing.

Conflict Resolution Day 2025
Sponsor – NCDRC
CME Credit Hours: 1.0 for each course (No CLE Credit)
To watch *Overcoming Insecurities in Mediation*, visit the NCDRC YouTube channel
To watch *How do You Know When to Call an Impasse?*, visit the NCDRC YouTube channel

2024 Conflict Resolution Day
Mediators of the Round Table
Sponsor – NCDRC
CME Credit Hours: 2.0 (No CLE Credit)
To watch the video, visit the NCDRC YouTube channel



2023 Conflict Resolution Day
The Precarious Situations We Find Ourselves In…

Sponsor – NCDRC
CME Credit Hours: 2.0 (No CLE Credit)
To watch the video, visit the NCDRC YouTube channel

Trick or Treat*?*
Handling Spooky Situations Under the Mediation Rules
(2022 Conflict Resolution Day)

Sponsor – NCDRC
CME Credit Hours: 1.0 *(No CLE Credit)*
To watch the video, visit the NCDRC YouTube channel

Unraveling a Mediator's Duties:
What and How to Communicate with Whom and When?
(2022 Conflict Resolution Day)

Sponsor – NCDRC
CME Credit Hours: 1.0 *(No CLE Credit)*
To watch the video, visit the NCDRC YouTube Channel

Ethics Update for Mediators

Sponsor – Delphi Dispute Resolution, LLC
CME Credit Hours: 2.0 *(No CLE Credit)*
To watch the video, visit the NCDRC YouTube Channel

DISCLAMER *The "Proposed Rules" Mr. Laney mentions in this video, were adopted by the NC Supreme Court on April 4, 2023 with an effective date of May 1, 2023. Mr. Laney also mentions to contact the NCDRC executive director for assistance with working with a judge to help explain a different way of seeing an issue with the attendance method. DRC staff can assist mediators with matters involving the court and court staff, but staff cannot guarantee the outcome of any inquiry.*

Mediation Do's and Don'ts
(October 2019 Conflict Resolution Day)

Sponsor – NCDRC
CME Credit Hours: 1.0 *(No CLE Credit)*
To watch the video, visit NCDRC YouTube channel



Redefining the Roaring 20's Part 1
(October 2021 Conflict Resolution Day)
Sponsor – NCDRC
CME Credit Hours: 1.0 *(No CLE Credit)*
To watch the video, visit NCDRC YouTube channel

Redefining the Roaring 20's Part 2
(October 2021 Conflict Resolution Day)
Sponsor – NCDRC
CME Credit Hours: 1.0 *(No CLE Credit)*
To watch the video, visit NCDRC YouTube channel

Two Lawyers and a Mediator Zoom into A Mediation – Now What?
(October 2020 Conflict Resolution Day)
Sponsor – NCDRC
CME Credit Hours: 1.0 *(No CLE Credit)*
To watch the video, visit NCDRC YouTube channel

When Things Go Wrong
(October 2019 Conflict Resolution Day)
Sponsor – NCDRC
CME Credit Hours: 1.0 *(No CLE Credit)*
To watch the video, visit NCDRC YouTube channel

DISCLAIMER: This video states that a mediator shall not disclose questionable behavior of an attorney during a mediation; the Standards of Professional Conduct were recently revised and adopted on January 23, 2020, by the Supreme Court of North Carolina, with an effective date of March 1, 2020, and now state in Standard 3(d)((10) "If a mediator or mediator-observer witnesses concerning behavior of an attorney during a mediation, then that behavior may be reported to the North Carolina Lawyer Assistance Program (LAP) for the purposes of providing assistance to the attorney for alcohol or substance abuse".

The following CME courses are available through the sponsor's websites. CLE Credit may also be given to licensed Attorneys.

Not all CLE courses listed on a sponsor's website are approved for CME credit. To be sure you are watching a course for CME credit, please refer to this list. To find all North Carolina Bar Association approved CME on demand courses, from the drop down box, click on the "Certified Mediators Education (CME) On Demand" option.



The Mediator's Filter: Superpower or Trap
Wednesday, September 16, 2026
Sponsor – Mecklenburg Bar Association
CME Credit Hours: 1.0

Quirky Issues in Workers' Compensation 2026
The Basics of Mediator Ethics Panel Discussion
Friday, September 18, 2026
Sponsor – the North Carolina Advocates for Justice
CME Credit Hours: 2.0

Giving Settlement a Chance: 2026 CME/CLE for DRC Certified Mediators
Sponsor - The Mediation Center
CME Credit Hours: 2.0
(3 Hours CLE)
For more information, visit MediateWNC.org

Bridging Perspectives: Building Skills, Communities and Connection
(2026 Dispute Resolution Section Program)
Sponsor – NCBA
CME Credit Hours: 2.0
(6 Hour CLE)
For more information, visit the NCBA Website

Multi-Family Developments: Complex Multi-Party Mediations
(2025 Construction Law Section Fall Program)
Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit the NCBA Website

Better Skills, Better Outcomes: Upskilling the Mediator's Toolkit
(2025 Dispute Resolution Section Program)
Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit the NCBA Website



Better Call Tara: North Carolina Dispute Resolution Commission 2025 Updates

Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit the NCBA Website

Workers' Compensation 2025: Quirky Issues in Workers' Comp

Sponsor – NCAJ
CME Credit Hours: 2.0
For more information, visit NCAJ Website

Motivational Interviewing for Mediators

Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit the NCBA Website

Mediation Done Right (And What Can Go Wrong)

Sponsor – The Mediation Center
CME Credit Hours 2.0
For more information, visit MediateWNC.org

DRC Updates, a Conversation with Court Staff and Mediator Ethics

Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit the NCBA Website

There is Always Time for One Hour of Mediator Ethics!

Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit the NCBA Website

Take a Walk Through the DRC Rules

Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit the NCBA Website



Dynamics of Multi-Party Mediation
The Art of Science of Dispute Resolution: Winning Your Construction Case
(2024 NC/SC Joint Construction Law CLE)
Sponsor - NCBA
CME Credit Hours: 1.0
For more information, visit NCBA Website

Once More into the Breach
Sponsor – The Mediation Center (Asheville)
CME Credit Hours: 2.0
For more information, visit MediateWNC.org

Mediation Madness: Go ask Tara! Ethical Challenges Facing Mediators
(2024 Annual DR Section Meeting)
Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit NCBA Website

Mediation Quagmires: An Exploration of Advanced Mediation Topics
(2023 DR Section Meeting Program)
Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit NCBA Website

Navigating Sticky Situations
Ethical Inquires and Best Practices Before, During and After Mediation
(2023 DR Section Meeting Program)
Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit NCBA Website

From Mediation 101 to Mediation 2.0:
Re-imagining the Promise of Mediation
(2023 Construction Law Section Fall Program)
Sponsor – NCBA
CME Hours: 1.0
For more information, visit NCBA Website



Mediating Difficult Cases
(2024 Workers' Compensation Section Program)
Sponsor – NCBA
CME Hours: 1.0
For more information, visit NCBA Website

Navigating Mediation Ethics Challenges While Advocating for Your Client
(2023 WC Program)
Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit NCBA Website

Hot Topics in Workers' Compensation Mediations
(Fall WC 2022 Program)
Sponsor – NCBA
CME Credit Hours: 1.0
For more information, visit NCBA Website

What could Possibly go Wrong?
An Adventure in Mediation Ethics
Sponsor – NCAJ
CME Credit Hours: 2.0 hours
For more information, visit NCAJ Website

Ask the Expert: Mediation Standards & DRC Rules with Tara Kozlowski
Tuesday, August 4, 2026
Sponsor – Mecklenburg Bar Association
CME Credit Hours: 1.0