# MYTHS VS REALITIES

NORTH CAROLINA HUMAN TRAFFICKING COMMISSION

#### **Myth:** Human trafficking is a global problem. There is nothing L can do to help.

#### Reality:

Trafficking has been reported in every state in the U.S. Know the signs and report tips to the National Hotline.

**Myth:** Labor trafficking is only or primarily a problem in developing countries.

#### Reality:

Labor trafficking occurs in the U.S. and in other developed countries but is reported at lower rates than sex trafficking.

**Myth:** Victims are physically unable to leave their situations/locked in/held against their will.

> **Reality:** Sometimes, but more often, victims stay for lack of basic needs, are afraid for their safety, or are manipulated.

**Myth:** Victims are desperate to escape and ask for help when needed.

#### Reality:

Victims may not readily seek help due to a number of factors: shame, self-blame, fear, or instructions from their trafficker.

> Myth: If the victim consented in their initial situation, then it cannot be human trafficking because they "knew better."

**Reality:** Initial consent prior to acts of force, fraud, or coercion is not relevant to the crime.

**Myth:** Trafficking includes travel or transportation.

**Reality:** Transportation is not needed for human trafficking. Victims can be trafficked within their own home or neighborhood.

## What is human trafficking?

Human trafficking is the act of recruiting, transporting, or obtaining a person for compelled labor or commercial sex acts through the use of force, fraud, or coercion, or in which a minor is involved.

## Signs of a potential victim:

- Accompanied by someone who prohibits the person from speaking or answering questions; refuses privacy.
- Has few or no possessions; not in possession of their own documents; employer holds their documents.
- Mentions they are working to pay off a debt owed to someone.
- Fearful, submissive, depressed, anxious, withdrawn, nervous, or paranoid.
- Works excessively long or unusual hours.
- Works in an apartment or house that is shared by other workers and may be expected to be on-call whenever business is open.
- Signs of malnourishment, serious dental problems, or lack of healthcare.
- Unable to leave their job without owing something to their employer.
- Inconsistent or scripted history or uses communication that appears coached

or programmed.

• Unable to provide an address where they live or may not know what city they are in.

Source: polarisproject.org

# get to know:

# The North Carolina Human Trafficking Commission

North Carolina Human Trafficking Commission



HTC.NCCOURTS.GOV

The North Carolina Human Trafficking Commission (HTC), housed in and staffed by the North Carolina Judicial Branch, is the legislatively mandated leader of anti-human trafficking efforts for the state per S.L. 2013-368. The Commission is charged with:

- Examining and combating human trafficking
- Funding and facilitating research
- Creating measurement, assessment, and accountability measures
- Suggesting new policies, procedures, and legislation
- Informing and educating law enforcement personnel, social services providers, and the general public
- Developing regional response teams
- Identifying gaps in law enforcement or service provision and recommending solutions

National Human Trafficking Hotline

Call: 1-888-373-7888 Text: BEFREE (233733) humantraffickinghotline.org 24/7 - Toll Free - Confidential -

# How can you get involved?



- Learn the signs of human trafficking
- Attend trafficking trainings from a variety of organizations
- Teach others and encourage them to learn
- If you see something, say something immediately
- Report details: time, location, vehicle
- Be an advocate for policy and legislative action

- Join a coalition or volunteer for an anti-trafficking organization
- Sign up to receive emails from the Human Trafficking Commission @ <u>htc.nccourts.gov</u>

This project was support by Grant number 2017-VA-GX-0050 awarded by the Office for Victims of Crime, U.S. Department of Justice. The opinions, findings, conclusions, and recommendations expressed in this publication, program/exhibition are those of the author(s) and do not necessarily reflect the views of the Department of Justice. Office for Victims of Crime,